

# OPERATION: STRONGHOLD

\_\_\_\_\_ battle plan for fighting against \_\_\_\_\_

"They will fight against you but will not overcome you, for I am with you and will rescue you," declares the LORD.///Jeremiah 1:19

<p><b>STRONGHOLD TARGET NAME</b> Identify the opposition specifically.</p>	
<p><b>SATAN'S BATTLE TACTICS</b> What does he want you to believe about the target?</p>	
<p><b>NEW CREATION IMPLICATIONS</b> What does your relationship with God mean for this target?</p>	
<p><b>SCRIPTURE COORDINATES</b> Locate one Bible verse that focuses in on the target and/or the heart issue behind it.</p>	
<p><b>PREPLANNED ESCAPE ROUTE</b> When you face this stronghold today, what truth about God's character will be your battle cry?</p>	

\_\_\_\_\_ You are fighting a battle you cannot lose. \_\_\_\_\_

## Recommended Reading & Resources

### **///Depression///**

*Christians Get Depressed, Too: Help and Hope for Depressed People*  
David Murray

*Depression: Looking Up from the Stubborn Darkness*  
Ed Welch

*Spurgeon's Sorrows: Realistic Hope for Those Who Suffer from Depression*  
Zach Eswine

*Spiritual Depression*  
Martyn D. Lloyd-Jones

*When the Darkness Will Not Lift: Doing What We Can While We Wait for God...and Joy*  
John Piper

### **///Anxiety, Fear, & Worry///**

*Running Scared: Fear, Worry, and the God of Rest*  
Ed Welch

*When I am Afraid: A Step-by-Step Guide Away from Fear and Anxiety*  
Ed Welch

*Trusting God: Even When Life Hurts*  
Jerry Bridges

### **///Miscellaneous Topics///**

*You Can Change: God's Transforming Power for Our Sinful Behavior and Negative Emotions*  
Tim Chester

*Transforming Grace: Living Confidently in God's Unfailing Love*  
Jerry Bridges

*Clean Home, Messy Heart: Promises of Renewal, Hope, and Change for Overwhelmed Moms*  
Christine M. Chappell