

# Week Three: The Poor Juggler

## Leader Meeting Outline

### Group Begins

- (Welcome group members)
- This week we are reviewing chapter 3, which discussed how easily we are overburdened by our multi-tasking and extended commitments, and how God's Word speaks to how we should examine the heart behind all our busyness.
- Let's read the quote from author Kevin DeYoung at the beginning of the chapter and then we'll pray.
- (Read Kevin DeYoung quote on pg. 20 of *Clean Home, Messy Heart*)
- (Lead group in opening prayer)

### Chapter 3 Group Review



#### Opening Questions

- How did you relate to the opening story of this chapter?
- Would someone please share a part in the "Messiness of Being Busy" section that really spoke to them?



#### Washing with the Word Reflections

- As you considered your own heart's motivation behind multitasking and being overburdened in your schedule, what did you find? How did you feel about the author's question, "Are we leaving behind better things in order to accomplish the bulk of things?"
- To get started, let's consider how God gives us guidance concerning our schedules. Open your bibles to Psalm 25:8.
- (Turn bibles to Psalm 25:8 and ask a member to read aloud)
- Was there anything that you wanted to share about this section?
- Thanks to Christ and the Holy Spirit, we now have direct access to the Father. Through his Spirit and his Word, he instructs our hearts not only in making wise spiritual decisions, but also decisions that help us to be better reflections of his Son's glory and love to others through our schedules. Let's read 2 Timothy 3:16 together.
- (Read Romans 2 Timothy 3:16 aloud to group)
- So now that we've been reminded of the truth of our ability to be instructed by the Lord in the area of time management, let's consider what the Lord wants us to be doing with our time, generally speaking. Turn to Micah 6:8.
- (Have a group member read Micah 6:8 aloud to group)
- Was there anything in this section that stood out to you?
- Based on this verse, what is the attitude baseline God wants us to have for our day? How do our responses to hectic schedules play a role in disrupting this baseline? Why do you think we are prone to allowing ourselves to become overextended in our commitments?

- There's an account in the bible that speaks to this very topic: the story of Mary & Martha. Let's turn to Luke 10:38-42 and read.
- *(Have a group member read Luke 10:38-42 aloud)*
- What about this story can you relate to?
- How often are we more focused on our multi-tasking performances (like Martha) than our relationship with Christ (like Mary)?
- Let's look at Colossians 3:23-24 and consider how our attitudes can be totally transformed if we focus our minds on serving *the Lord* in all of our tasks.
- *(Read Colossians 3:23-24 aloud to group)*
- How do you think having this mindset when taking on the day would change the way we treat our children, husbands, family, etc.?

## *Hanging Hearts Out to Dry | Page 27*

### **Study Reflection**

- Let's discuss our responses to the reflection question on page 27. Start by reading the two scriptures provided, Jeremiah 17:7-8 and John 15:4-5 (*pick two group members to each read a passage*). Based on these verses and this chapter, why do you think time with Jesus should be the best, most important part of our schedules?

### **Scripture Memorization**

- Now let's test ourselves on this week's memory verse.
- *(Note: the method how you do this should be pre-determined by the preference of your group. See Small Group Leader Kit Introduction for suggestions).*

### **Prayer**

- Let's share what each of us chose as our response to the prayer section. Which area did you say you wanted to pray about improving in?

**Reflection Journal Users:** You may or may not choose to review the 5 Scriptures from this week's reflection journal. If you would like to, take turns reading the verses aloud and discuss how the Spirit convicted and/or encouraged them through their reflection journaling time.

## *Group Ends*

- *(Conclude meeting by asking for prayer requests and prayer reports. Then lead group in closing prayer.)*