

## *Clean Home, Messy Heart* | Introduction to the Small Group Study: Content

You can use this content as your email invitation to ladies announcing the launch of your study, or as information to post to a group social media page. Feel free to edit as desired/needed!

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Worn-down moms...let us unite! Join us for an 8 week study of the book *Clean Home, Messy Heart: Promises of Renewal, Hope, and Change for Overwhelmed Moms* by Christine M. Chappell. During these 8 weeks, we will touch on a variety of heart struggles most of us face while in the trenches of mothering our children. Through the lens of Scripture, the author weaves honest storytelling with grace-centered theology to show how God's love and mercy are bigger than our redeemed hearts can grasp.

The book itself is short and easy to read—perfect for busy moms! The study features three questions/prompts at the conclusion of each chapter, which we will review together during our meet-ups.

If you would like to go deeper in your study and meditation of the Scriptures, check out the *Clean Home, Messy Heart 40 Day Scripture Reflection Journal*. It includes 5 daily journal pages per week with Scriptures pulled from each chapter to help reinforce the week's theme. The journal also provides note pages for each week so you can use it to write out your answers to the questions in the book, or for notes you want to take during our small group discussions. If you choose to use this journal along with the book, you will be given ample opportunities to meet one-on-one with the Lord for honest reflection, prayer, and encouragement. Highly recommended!

To get the book, click here: <http://goo.gl/59CRjh>

To learn more about the Reflection Journal, click here: <http://www.faithfulsparrow.com/chmhjournal/>

Here's what you need to know about the group meetings:

**Where:**

**Time:**

**Dates:**

**Materials:** *Clean Home, Messy Heart* book, Bible, *Clean Home, Messy Heart* journal/ or your personal notebook

If you would like to join us for this study, please let me know by (enter RSVP date). We will be using a Facebook group to stay connected during the week, and the page is going to feature some great content straight from the author such as specially chosen music videos, book quotes from *Clean Home, Messy Heart*, Scripture verses from the week's reading, etc. It will be an encouraging journey to say the least!

I can't wait to get started!