

Week Six: Reluctant Hands

Leader Meeting Outline

Group Begins

- (Welcome group members)
- This week we are reviewing chapter 6, which discussed the various attitudes we have when setting our hands to serve those inside our homes.
- Let's read the quote from Dietrich Bonhoeffer at the beginning of the chapter and then we'll pray.
- (Read Dietrich Bonhoeffer quote on pg. 50 of *Clean Home, Messy Heart*)
- (Lead group in opening prayer)

Chapter 6 Group Review



Opening Questions

- How did you relate to the opening story of this chapter?
- Would someone please share a part in the "Messiness of Helping" section that really spoke to them?



Washing with the Word Reflections

- Let's begin by taking a look at what it means to be a follower of Christ. Open your bibles to Luke 9:23.
- (Turn bibles to Luke 9:23 and read aloud to group)
- Let's talk about it: Why do you think we have such a hard time consistently denying ourselves to follow Christ's example of service?
- Let's turn to Ephesians 2:10 to see what the Word has to say about our created purpose.
- (Have a group member read Ephesians 2:10 aloud to group)
- The author writes, "With this awareness, I should wake up every morning and know that the main assignment for the day will be to *help other people*." How do you think Ephesians 2:10 gives us the clarity *and* motivation needed for denying ourselves to serve our household?
- Is there anything else in this section you'd like to highlight?
- Let's turn our bibles now to Galatians 5:13-14.
- (Have a group member read Galatians 5:13-14 aloud)
- What do you think Paul means when he says, "the whole law is fulfilled in one word: you shall love your neighbor as yourself"? How does loving our neighbor equate to loving God?
- Is there anything else that stood out to you in this section?
- Sometimes we can get tired of serving our families so tirelessly because we feel like our work is not commended or appreciated. Let's read Hebrews 6:10 to find some encouragement.
- (Read Hebrews 6:10 aloud to group)

- How does this Scripture encourage you in your service to your family, even in the mundane, repetitive chores?
- Do you sometimes find yourself more eager to help those outside of your home than the ones under your roof? Why do you think that is?
- Part of denying ourselves daily means that our *service* includes *sacrifice*, but it doesn't go unnoticed by our Lord. Turn with me to 1 Corinthians 6:19-20 for a reminder that our helping hands serve to glorify our Father.
- (Have a group member read 1 Corinthians 6:19-20 aloud)

Hanging Hearts Out to Dry | Page 57

Study Reflection

- First, let's read the two Scriptures provided in this study reflection (1 Peter 4:10 and John 13:12-14—designate two group members to read aloud). Now we'll each take a turn sharing our answers to the question and discuss to all together.

Scripture Memorization

- Now let's test ourselves on this week's memory verse.

Prayer

- This week's prayer prompt began by asking a question based on this week's chapter and Hebrews 6:10, which we read earlier. Let's take turns answering how we have been challenged and/or encouraged to welcome interruptions as a chance to bring God glory through our service to our families.

Reflection Journal Users: You may or may not choose to review the 5 Scriptures from this week's reflection journal. If you would like to, take turns reading the verses aloud and discuss how the Spirit convicted and/or encouraged them through their reflection journaling time.

Group Ends

- (Conclude meeting by asking for prayer requests and prayer reports. Then lead group in closing prayer.)